

*Title of Lesson:* Train Tracks

*Curriculum Unit:* Goal Setting

*Objectives:* To develop an action plan to achieve goals; to differentiate between short-term and long-term goals

*Materials:*

- Train track goal sheet for each student
- Blank calendar for each student

*Directions:*

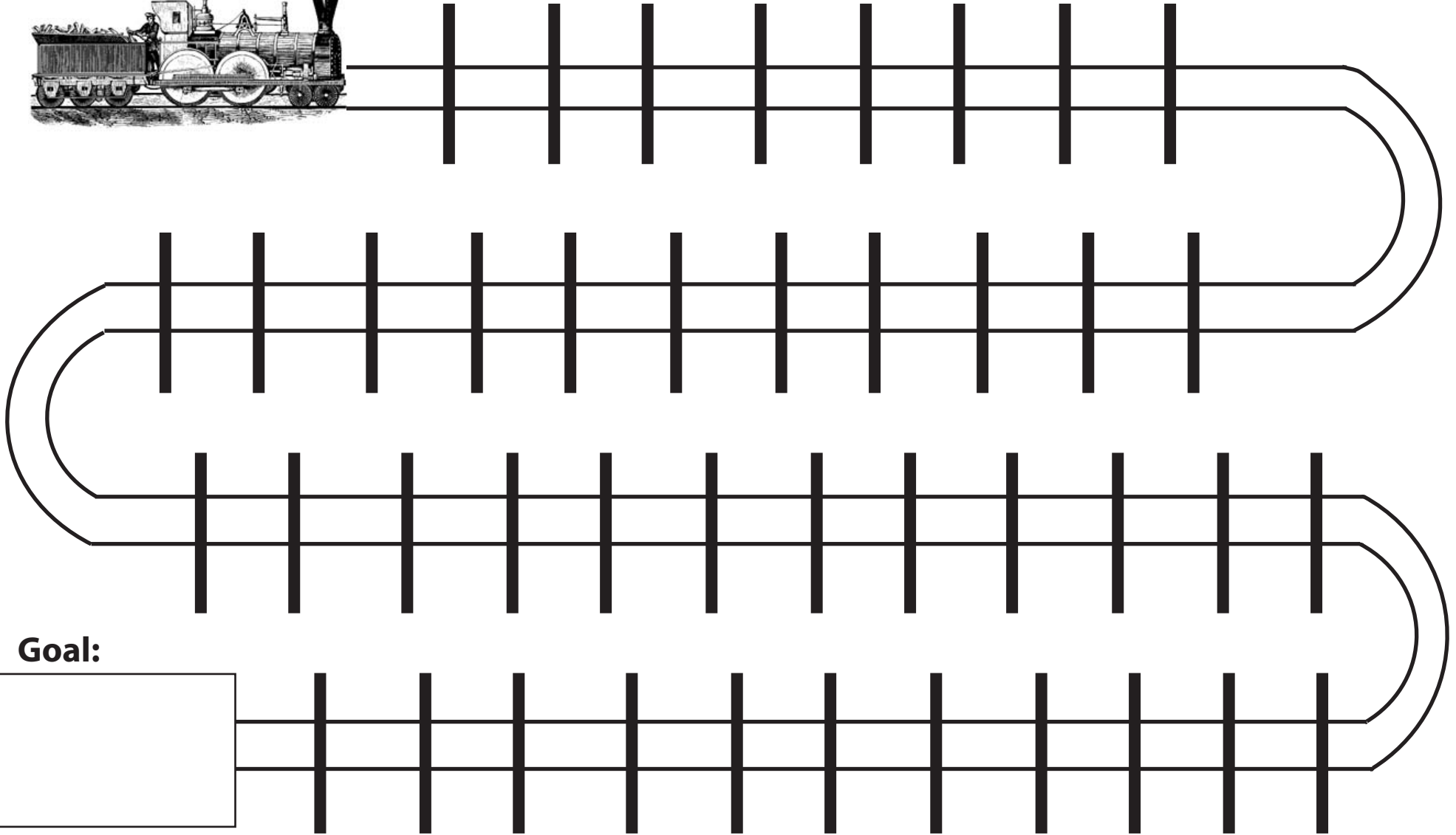
1. Have students create a specific long-term goal either for your organization. (*Note:* Students should already have been taught how to set goals).
2. Give students a few minutes to brainstorm individually to identify the steps needed to accomplish the goal.
3. Give students the train track goal sheet. As a group, have students share the steps they came up with and combine them into one list. Have students write them on their train tracks.
4. Identify “tracks” that need more time and those that can be done quickly.
5. Transfer “tracks” to calendar days to set specific deadlines.

*Sample Processing Questions:*

- Did other people come up with “tracks” that you didn’t think of?
- Were there similarities on the lists?
- How did you decide where to put each track on the calendar?
- Was everyone heard in the discussion?
- What determined whether the goal was long-term or short-term?
- Is it helpful to have a visual representation such as this train track when working on goals?  
Why or why not?
- How can we apply what we learned from this experience to our work as school leaders?

Created by: Nate Muñoz, Melissa Klumph, and Mike Verhulst at the first OASC Student Leadership Course Teacher Institute, July 2012

Write your goal in the box below, then use the train tracks to identify the steps you will need to take to accomplish the goal.



**Goal:**